



VIBRANCE

VIBRANCE™ PELVIC TRAINER FACT SHEET

Empowering women from within. Literally.

The Vibrance™ Pelvic Trainer is an award-winning, FDA-cleared medical device for strengthening female pelvic floor muscles through resistive exercises and biofeedback to improve women's pelvic health and quality of life.

Vibrance uses a patented vibration biofeedback technology to help women know with certainty they are correctly exercising the right muscles for optimum pelvic floor strength. Vibrance consists of a main biofeedback unit and three training sleeves. The training sleeves are made of medical grade silicone rubber and provide graduated levels of resistance for pelvic muscle strengthening.

Women can take a proactive and preventative approach to pelvic health by exercising their pelvic floor muscles with Vibrance, which provides important health benefits:

- Improves pelvic muscle tone pre- and post-pregnancy
- Promotes sexual health and wellness
- Prevents incontinence and restores bladder control
- Rebuilds pelvic muscle strength post-surgery
- Relieves back pain caused by weak pelvic support
- Strengthens pelvic floor organ support to prevent organ prolapse
- Increases social confidence and quality of life

Vibrance is clinically proven safe and effective:

- Regulatory Approval – U.S. FDA Cleared
- Medical Device Excellence Award 2012 Silver Medal – Over the Counter and Self-Care Category
- Clinical Studies – Proof of Vibrance Effectiveness
 - [White Paper – Multi-Site Study/Vibrance Pelvic Trainer](#)
 - [Vibrance Pelvic Trainer – Clinical Data Summary](#)

Vibrance can be purchased direct at <http://www.vibrancepelvictrainer.com>.

Media Contact:

Sandra Oak
Nsight Public Relations
321-591-1508
soak@nsightpr.com