



Summary of Clinical Data for **Vibrance Pelvic Trainer**

Study Title:

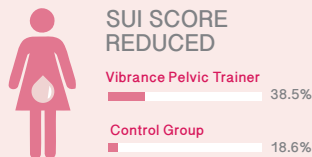
A randomized controlled trial to compare the effectiveness of pelvic floor exercises with the Vibrance Kegel Device compared to standard Kegel pelvic floor exercises for the treatment of stress urinary incontinence in females.

Study Site and Authors:

University Malaya – Prof Azad. H Razack, Assoc. Prof. Dr. Ong Teng Aik, Assoc. Prof Dr. Khong Su Yen, Dr. Ng Keng Lim, Dr. Jesse Ron S. Ting, Pn. Norliah.

Findings:

- **VPT showed significantly earlier improvement in SUI and are effective in improving urinary leakage:**



In the first month itself, the Stress Urinary Incontinence Score is significantly reduced by more than a third (38.5%) in patients who used the VPT to facilitate pelvic floor training, as compared to the control group of less than 18.6%.

- **Pelvic floor muscle strength was significantly better in the VPT group as compared to control group at the end of study.**

1 Month



VPT

vs

0

Control Group

4 patients from VPT group showed improvement in Pelvic Muscle Strength compared to none from control group.

4 Months



VPT

vs



Control Group

14 patients from VPT group showed improvement in Pelvic Muscle Strength compared to only 4 in control group.

Publication:

A poster of the preliminary results was presented at Asian Urology Congress 2012, Bangkok.

The final paper has been accepted for publication by UROLOGY("The Gold Journal"), a tier 1 scientific journal.